

BLOCK LISTING SIX MONTHLY RETURN

Name of <i>applicant</i> :		JOHN MENZIES PLC		
Name of scheme:		JOHN MENZIES EXECUTIVE SHARE OPTION SCHEME		
Period of return:	From:	01/07/2013	To:	31/12/2013
Balance under scheme from previous return:		61,381 ORDINARY SHARES		
Number of <i>securities</i> issued/allotted under scheme during period:		0 ORDINARY SHARES		
Balance under scheme not yet issued/allotted at end of period		61,381 ORDINARY SHARES		
Number and <i>class</i> of <i>securities</i> originally listed and the date of admission		1,206,248 ORDINARY SHARES ON 15/06/1995 1,500,000 ORDINARY SHARES ON 09/10/1998		
Total number of <i>securities</i> in issue at the end of the period		61,623,336		
Name of contact:		JOHN GEDDES		
Address of contact:		2 LOCHSIDE AVENUE, EDINBURGH PARK, EDINBURGH, EH12 9DJ		
Telephone number of contact:		0131 225 8555		

Name of <i>applicant</i> :		JOHN MENZIES PLC		
Name of scheme:		JOHN MENZIES SAVINGS RELATED STOCK OPTION SCHEME		
Period of return:	From:	01/07/2013	To:	31/12/2013
Balance under scheme from previous return:		700 ORDINARY SHARES		
Number of <i>securities</i> issued/allotted under scheme during period:		315,340 ORDINARY SHARES		
Balance under scheme not yet issued/allotted at end of period		685,360 ORDINARY SHARES		
Number and <i>class</i> of <i>securities</i> originally listed and the date of admission		1,000,000 ORDINARY SHARES ON 09/10/1998 700,000 ORDINARY SHARES ON 10/09/1999 1,000,000 ORDINARY SHARES ON 14/08/2004 1,000,000 ORDINARY SHARES ON 04/09/2013		
Total number of <i>securities</i> in issue at the end of the period		61,623,336		
Name of contact:		JOHN GEDDES		
Address of contact:		2 LOCHSIDE AVENUE, EDINBURGH PARK, EDINBURGH, EH12 9DJ		
Telephone number of contact:		0131 225 8555		