19 Ja	nuary	20	16
John	Menz	ies	ola

New directorship notification under Listing Rule 9.6.14(2)

In accordance with Listing Rule 9.6.14(2), John Menzies plc (the "**Company**") hereby gives notification that David Garman, a Non-Executive Director of the Company, has been appointed as a Non-Executive Director of Troy Income & Growth Trust plc. This appointment takes effect from 19 January 2016.

For further information please contact:

John Geddes Group Company Secretary

+44 131 459 8018