BLOCK LISTING SIX MONTHLY RETURN

Name of applicant:		JOHN MENZIES PLC			
Name of scheme:		JOHN MENZIES SAVINGS RELATED STOCK OPTION SCHEME			
Period of return:	From:	01/07/2018 To: 31/12/2018		31/12/2018	
Balance under scheme from previous return:		207,840 ORDINARY SHARES			
Number of <i>securities</i> issued/allotted under scheme during period:		325,037 ORDINARY SHARES			
Balance under scheme not yet issued/allotted at end of period		1,582,803 ORDINARY SHARES			
Number and <i>class</i> of <i>securities</i> originally listed and the date of admission		1,000,000 ORDINARY SHARES ON 09/10/1998			
		700,000 ORDINARY SHARES ON 10/09/1999			
		1,000,000 ORDINARY SHARES ON 14/08/2004			
		1,000,000 ORDINARY SHARES ON 04/09/2013			
		1,700,000 ORDINARY SHARES ON 08/11/2018			
Total number of <i>securities</i> in issue at the end of the period		84,363,714 ORDINARY SHARES			

Name of contact:	JOHN GEDDES
Address of contact:	2 LOCHSIDE AVENUE, EDINBURGH PARK, EDINBURGH, EH12 9DJ
Telephone number of contact:	0131 225 8555